Rules for Demo Team

**Object**: To gain the most points by excelling in five specified areas and by receiving the least deductions.

**Divisions:** All teams will compete in one division.

**Materials**: Each team must provide their own boards and other props. All props are allowed.

**Rules**:

-Each team must have a team captain and a team name.

-Each team will get one chance to perform their demo.

-Each team has two minutes to set up their demo and seven minutes to perform their demo.

-When a team has finished their set up, the clock will reset to seven minutes.

-Music is highly recommended. Each team is responsible for uploading their music to the registration site.

-Each team will be judged in five areas: Unity, Technique, Presentation, Difficulty and Creativity.

-**Unity**: the togetherness/synchronization of the team.

-**Technique**: the team’s ability to perform each move correctly.

-**Presentation**: the team’s confidence, the athletes’ eye control, the tempo/flow of the demo, speed/power of Taekwondo techniques.

-**Creativity**: level of participation of all team members, Taekwondo sequences in conjunction with musical timing and other thematic elements, originality in themes/attire, originality in Taekwondo sequences.

-**Difficulty**: difficulty of taekwondo moves (breaking, weapons, self-defense, etc.),

-0.1 point deductions will be taken for: small (but noticeable) disunity, fumbling (but NOT dropping) weapons or boards or other props, small (unintentional) stumbling, missed board. Also every second over the two-minute set up or the seven-minute performance 0.1 point will be deducted.

-0.3 point deductions will be taken for: significant disunity, unintentionally dropped weapons or boards or other props, significant and unintentional stumbling or falling.

-1.0 point deductions will be taken each time there is unsportsmanlike conduct or each time a team member goes outside the ring.

-In the event of a tie, multiple awards will be given for that place.

-Anything not mentioned above is left to the judge’s discretion.